



Potager's Hot



HEALTH YOURSELF

Chickin Teriyaki

This isn't chicken, sushi rice, edamame bean, radish, bok-choi, sesame seed, fresh chilli, teriyaki sauce.

Allergens: Soyabeans, Sesame

Chickin Katsu Curry (oven baked)

This isn't chicken goujon, sushi rice, asian slaw (carrot, red cabbage, daikon) spring onion, katsu curry sauce.

Allergens: Gluten, Soyabeans, Sesame, Sulphites

Aubergine Lasagne


Aubergine sliced, meat-free mince (the meatless farm), oat bechamel cream, fresh parsley, vegan parmesan, tomato sauce (red & chili pepper, onion, garlic, basil, oregano, cumin, turmeric, tomato).

Allergens: Gluten, Soyabeans

Mac & Cheese

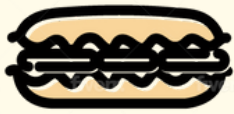
This isn't bacon, macaroni pasta, oat bechamel cream, vegan smoked cheddar, flour, chive, bread crumb.

Allergens: Gluten, Soyabeans





Sandwiches & Toasts Hot



HEALTH YOURSELF

Tricolore Panini

Grilled aubergine, slow cooked tomato sauce, pesto dressing, vegan smoked cheddar, ciabatta bread.

Allergens: Gluten, Sulphites

Chickpea Club Sandwich

Chickpea, sunflower seed, caper, olive, dill, parsley, tomato, cucumber, baby gem lettuce, Vegan mayo dressing, granary bread.

Allergens: Gluten, Mustard, Sulphites

Cherry Tomato Avocado Toast


cherry tomato, avocado, lime, basil, spring onion, granary bread.

Allergens: Gluten

Feta & Roasted Chickpea Avocado Toast

Vegan feta, roasted chickpea, avocado, lime, chive, paprika, granary bread.

Allergens: Gluten



Salads



HEALTH YOURSELF

Peruvian Quinoa Bowl

Quinoa, sunflower & pumpkin seed, baby gem, oyster & shiitake mushroom ceviche, coriander, lime juice, roasted sweet potato, crispy onion, seaweed salad, radish, crispy shallot, vegan sweet chilli mayo dressing.

Allergens: Soyabeans, Sesame, Mustard

Winter Salad

Baby spinach, kale, beetroot, chestnut, vegan feta, clementine, pomegranate, gava syrup, sherry vinegar and olive oil dressing.

Allergens: Nuts



Sweet Corn Salad

Sweet corn, vegan mayo, giant fried sweet corn, guacamole mousse, coriander, lime, shallots, chives, chili flake.

Allergens: Mustard



Soups



HEALTH YOURSELF

Chickpea Coconut Curry Soup 12oz

Chickpea, onions, garlic, ginger, chilli, coconut cream, tomato, coriander, lime & soya drizzle.
Allergens: Soyabeans

Butternut Squash Veloute 12oz

Butternut squash, sage leave, onion, garlic, vegan double cream, white wine, pumpkin seed.
Allergens: Sulphites





Savoury Bakery



HEALTH YOURSELF

Spanakopita

Spinach, leek, mint, dill, shallot, nutmeg, chickpea polenta, vegan feta, filo pastry.
Allergens: Gluten, Sulphites

Sausage Roll

Vegan moving mountain frankfurter sausage, caramelized onion, Dijon mustard, ketchup, puff pastry.
Allergens: Gluten, Sulphites, Mustard

Creamy Mushroom

Portobello mushroom, oat bechamel cream, shallot, garlic, puff pastry.
Allergens: Gluten





Sweet Bakery



HEALTH YOURSELF

Banana Muffin

Freshly baked banana walnut muffin, salted caramel filling, almond milk.
Allergens: Gluten, Nuts

Chocolate Muffin

Freshly baked soft chocolate muffin with raspberry jam, almond milk.
Allergens: Gluten, Nuts

Lemon Muffin

Freshly baked lemon muffin with lemon curd, red currant topping, almond milk.
Allergens: Gluten, Nuts

Blueberry Muffin

Freshly baked soft blueberry muffin, almond milk.
Allergens: Gluten, Nuts

Cinnamon Roll

Freshly baked cinnamon roll, Cranberries, Cinnamon, Salted caramel, almond milk, walnut.
Allergens: Gluten, Soyabeans, Nuts





Pots & Yogurt



HEALTH YOURSELF

Acai Bowl

Frozen acai berry, homemade granola (almond, hazelnut, oat), coconut flaked, banana, mixed berries.

Allergens: Nuts

Chia Pudding


Raspberry or strawberry, almond milk, coconut flaked.

Allergens: Nuts

Homemade Granola

Soya yoghurt, homemade granola (almond, hazelnut, oat), Homemade strawberry jam.

Allergens: Soyabeans, Nuts



Homemade French Patisseries



HEALTH YOURSELF

Chocolate Tart

Almond cream, hazelnut, dark chocolate, almond milk, silken tofu, icing sugar, flour, edible glitter.

Allergens: Gluten, Soyabeans, Nuts

Pistachio Raspberry Tart

Coconut pastry cream, corn & rice flour, almond cream, cacao butter, raspberry jam, caster sugar, icing sugar, edible glitter.

Allergens: Gluten, Soyabeans, Nuts

Berry Tart

coconut pastry cream, corn & rice flour, almond cream, cacao butter, mixed berries, caster sugar, silken tofu, icing sugar, edible glitter.

Allergens: Gluten, Soyabeans, Nuts

Homemade French Patisseries



HEALTH YOURSELF

Chocolate Raspberry Tart

Dark chocolate, almond milk, silken tofu, icing sugar, flour, raspberry jam edible glitter.
Allergens: Gluten, Soyabeans, Nuts

Lemon Tart

Corn flour, lemon juice, vegan meringue, almond cream, caster sugar, silken tofu, icing sugar, flour, edible glitter.
Allergens: Gluten, Soyabeans, Nuts

Carrot Cake

Flour, carrot, pineapple, cinnamon, caster sugar, salted caramel buttercream, pecan.
Allergens: Gluten, Soyabeans, Nuts



Fresh Cold Press Juices



HEALTH YOURSELF

Rainbow Berry-dise 12oz

Strawberry, raspberry, blueberry, blackberry, apple

Green Dream 12oz

Celery, green apple, spinach, cucumber, lemon

Green Harmony 12oz

Kale, pear, apple, fennel, coriander, lemon

Citrus Party 12oz

Orange, clementine, grapefruit, lemon, apple

Bloody Good 12oz

Beetroot, carrot, red apple, green apple, ginger





Fresh Cold Press Juices



HEALTH YOURSELF

Back To The Roots 12oz

Carrot, red apple, green apple, ginger

Grape It 12oz

Grape, apple

Radian Delight 12oz

Apple, ginger, mint

Good Morning 12oz

Watermelon, cinnamon

Bloody Good 12oz

Beetroot, carrot, red apple, green apple, ginger





Cold Drinks



HEALTH YOURSELF

Kombucha 250ml

Cherry plum

Kombucha 250ml

Raspberry lemonade

Kombucha 250ml

Apple crisp

Perrier 250ml

Sparkling





Cold Drinks



HEALTH YOURSELF

Hildon 330ml

Still

Hildon 330ml

Sparkling

Just water 500ml

Still - Tangerine

Just water 500ml

still - Lemon

